

CB-BK WE1 2026: Session: 5: COACH evaluation sheet for TEAM: W

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: de HAAS Bernard

Coaches: Smets Thomas

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:1, starttime: 10:14
Heat: 1/20 Lane : 6 Athlete: LAMBERT FANNY			Q-time: 01:25:21
PB (50m pool): 01:25.21 Seraing 25/01/2026			PB (25m pool): 01:40.34 SB: 01:25.21 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:42.20	01:25.21	
	00:42.20	00:43.01	
			

Coach feedback:

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:1, starttime: 10:14
Heat: 1/20 Lane : 7 Athlete: JACOBY APOLLINE			Q-time: 01:29:49
PB (50m pool): 01:29.49 Seraing 25/01/2026			PB (25m pool): no time SB: 01:29.49 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:41.07	01:29.49	
	00:41.07	00:48.42	
			

Coach feedback:

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:3, starttime: 10:18
Heat: 3/20 Lane : 8 Athlete: DE HAAS CONSTANCE			Q-time: 01:21:57
PB (50m pool): 01:21.57 La Louvière 08/02/2026			PB (25m pool): no time SB: 01:21.57 La Louvière 08/02/2026
	5 0 M	1 0 0 M	
PB	00:38.43	01:21.57	
	00:38.43	00:43.14	
			

Coach feedback: